

Menu

Week 1



THE FRESH LITTLE ALLOTMENT
SEASONALLY FRESH, PERFECTLY PICKED

APRIL NEW POTATOES

MAY BASIL

JUNE BEETROOT

JULY MINT

Look for this logo on the menu to try a yummy seasonal special!

Monday

Tuesday

Wednesday

Thursday

Friday

Mains

HAPPY TUMS

Butter Chicken Curry with Tomato and Mint Sambal
(Mk,So)



Tex-Mex Pizza (Ground Beef, Peppers and Sweetcorn)
(G,Mk)

Pork and Herb Sausage Rolls with an Apple and Sage Gravy
(G,E,Su)

Lamb and Eat Curious Tacos with Grated Cheddar
(Mk)



Oven Baked Breaded Pollock Fillets
(G,F)

Veggie

MEAT FREE

Chickpeas Braised in a Butter Curry Sauce with Tomato and Mint Sambal
(Mk,So)



Margherita Pizza with Torn Basil
(G,Mk)



Home Baked Vegetable and Herb Sausage Roll with an Apple and Sage Gravy
(G,so)

Roasted Vegetable Tacos with Grated Cheddar
(Mk)



Oven Baked Vegetable Fingers
(G)

veg

EXTRA GOOD

Sweetcorn
Spiced Cauliflower

Asian Slaw
(Se)

Braised Leek and Cabbage
Roasted Honey Butternut Squash

Broccoli
Buffalo Beans

Peas
Baked beans

carbs

FUEL FOOD

Plain 50/50 Rice

Potato Wedges

Roasted New Potatoes



Mexican Style Rice
Basmati rice



Oven Baked Chips

Dessert

SOMETHING SWEET

Fresh Fruit Platter

Basil, Lemon and Ginger Shortbread
(G)



Fruit Jelly

Apple Cake
(G,E)

Vanilla Biscuit with Chocolate Sprinkles
(G)

Jacket Potatoes, 'Allergen Free' Salad Bar, Cold Desserts and Fresh Fruit are available daily.

Dates
13/04/2026, 04/05/2026,
01/06/2026, 22/06/2026 and
13/07/2026

Allergens: Please note the allergens shown within these menus are subject to change.

Ce = Celery

F = Fish

L = Lupin

Mu = Mustard

Se = Sesame Seeds

Cr = Crustacean

G = Cereals

Mk = Milk

N = Nuts

So = Soya

E = Eggs

containing Gluten

Mo = Molluscs

P = Peanuts

Su = Sulphur Dioxide



MENU

Week 2



THE FRESH LITTLE
ALL^oTMENT
SEASONALLY FRESH, PERFECTLY PICKED

Monday

Tuesday

Wednesday

Thursday

Friday

Mains

HAPPY TUMS

Lamb Keema Pitta with Minted Yoghurt Sauce
(G,Mk,So)

Gratin Chicken with Spinach and Roast Tomato
(G,Mk)

Pork and Leek Sausage with Gravy
(G,Su)

Pot To Table Beef Moussaka Topped with Fresh Mint
(G,Mk)

Oven Baked Fish Fingers **(G,F)**

Veggie

MEAT FREE

Warm Pita Pockets with Chickpeas and Vegetables and a Minted Yoghurt Sauce **(G,Mk,So)**

Pea Protein Pieces with Spinach and Roast Tomato
(G,Mk)

Vegetable Sausage with Gravy
(G)

Pot To Table Green Lentil Moussaka Topped with Fresh Mint
(G,Mk)

Oven Baked Vegetable Fingers
(G)

veg

EXTRA GOOD

Tomato and Onion Salad **(Su)**

Thyme Roasted Beetroot

Cauliflower

Greek Green Beans

Peas

Broccoli

Roasted Carrots

Broccoli

Carrot Batons

Baked beans

carbs

FUEL FOOD

Sweet Potato Roasties

Savoury Rice

Mash Potatoes **(Mk)**

Garlic Focaccia **(G)**

Oven Baked Chips

Dessert

SOMETHING SWEET

Fresh Fruit Platter

Oat and Orange Cookie
(G,E)

Fruit Jelly

Peach Crumble
(G)

Iced Sponge Cake with Rainbow Sprinkles
(G,E,Mk)

Jacket Potatoes, 'Allergen Free' Salad Bar, Cold Desserts and Fresh Fruit are available daily.

APRIL
NEW
POTATOES

MAY
BASIL

JUNE
BETROOT

JULY
MINT

Look for this logo on the menu to try a yummy seasonal special!

Dates
20/04/2026, 11/05/2026,
08/06/2026, 29/06/2026 and
20/07/2026

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MENU

Week 3



THE FRESH LITTLE ALLOTMENT
SEASONALLY FRESH, PERFECTLY PICKED

APRIL NEW POTATOES

MAY BASIL

JUNE BEETROOT

JULY MINT

Look for this logo on the menu to try a yummy seasonal special!

Monday

Tuesday

Wednesday

Thursday

Friday

Mains
HAPPY TUMS

Chicken Meatballs
Tossed in a
Tomato and Basil
Sauce



Pepperoni
Quesadilla
(G,Mk,Mu,So)

Classic Roast
Chicken Served
with Yorkshire
Pudding and a
Rosemary Gravy
(G,E,Mk)

Pasta Bar (G)
Beef Bolognese
Tomato sauce
Nut free Basil Pesto
(Mk)



Oven Baked Fish
Fingers **(G,F)**
or
Salmon Fishcake
(G,F)

Veggie
MEAT FREE

Bean and
Mediterranean
Roasted
Vegetables in a
Tomato and Basil
Sauce
(So)



Cheesy Beans and
Sweetcorn
Quesadilla
(G,Mk)



Lentil And
Vegetable Pastie
with Rosemary
Gravy
(G)

Pasta Bar (G)
Vegetable
Bolognese
Tomato sauce
Nut free Basil Pesto
(Mk)



Oven Baked
Vegetable Fingers
(G)

veg
EXTRA GOOD

Choose from our
delicious salad bar

Peas

Roasted Carrots

Olives

Peas

Baked beans

Green Beans

Cheese **(Mk)**

Baked beans

carbs
FUEL FOOD

Wholemeal Penne
(G)

Oven Baked Chips

Roast New
Potato



Parsley, Mint and
Olive Oil
Focaccia **(G)**

Oven Baked Chips

Dessert
SOMETHING SWEET

Fresh Fruit Platter

Banana and Raisin
Cookie
(G,E)

Fruit Jelly

Oat and Orange
Cookie
(G,E)

Iced Sponge Cake
with Rainbow
Sprinkles
(G,E,Mk)

Jacket Potatoes, 'Allergen Free' Salad Bar, Cold Desserts and Fresh Fruit are available daily.

Dates
27/04/2026, 18/05/2026,
15/06/2026 and 06/07/2026

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